






January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Daily Options: Assorted Milk
31 NO SCHOOL	1 NO SCHOOL Happy New Year!	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	
7 NO SCHOOL	8 Entrée Options: 1. Chicken Quesadilla w/ Salsa 2. Popcorn Chicken w/ Pretzel Rod 3. Italian Salad w/ Pretzel Rod Sides: 1. Black Beans 2. Baby Carrots 3. Banana 4. Diced Pears	9 Entrée Options: 1. Spaghetti & Meatballs 2. Cheeseburger 3. Popcorn Chicken Salad w/ Pretzel Rod Sides: 1. Green Beans 2. Side Salad 3. Diced Peaches 4. Apple Juice 	10 Entrée Options: 1. Popcorn Chicken Bowl w/ Pretzel Rod 2. Chicken Tenders w/ Pretzel Rod 3. All-American Salad w/ Pretzel Rod Sides: 1. Peas 2. Cucumber Slices 3. Applesauce 4. Raisins	11 Entrée Options: 1. Pizza Sticks w/ Pizza Sauce 2. Turkey Cheddar Melt 3. Chicken Ranch Salad w/ Pretzel Rod Sides: 1. Sweet Potatoes 2. Broccoli 3. Mandarin Oranges 4. Fruit Juice	
14 Entrée Options: 1. Salisbury Steak w/ Bread 2. Chicken Patty Sandwich 3. Turkey Cheese Salad w/ Pretzel Rod Sides: 1. Mashed Potatoes 2. Side Spinach Salad 3. Orange 4. Mixed Fruit	15 Entrée Options: 1. Sloppy Joe Melt 2. Popcorn Chicken w/ Pretzel Rod 3. Italian Salad w/ Pretzel Rod Sides: 1. Baked Beans 2. Celery Sticks 3. Banana 4. Diced Pears	16 Entrée Options: 1. Tomato Soup & Grilled Cheese 2. Cheeseburger 3. Popcorn Chicken Salad w/ Pretzel Rod Sides: 1. Steamed Carrots 2. Cucumber Slices 3. Diced Peaches 4. Apple Juice 	17 Entrée Options: 1. Hot Dog on Bun 2. Chicken Tenders w/ Pretzel Rod 3. All-American Salad w/ Pretzel Rod Sides: 1. French Fries 2. Red Peppers 3. Applesauce 4. Raisins	18 Entrée Options: 1. Pepperoni Pizza 2. Fish Patty Melt 3. Chicken Ranch Salad w/ Pretzel Rod Sides: 1. Steamed Broccoli 2. Grape Tomatoes 3. Mandarin Oranges 4. Fruit Juice	
21 NO SCHOOL	22 Entrée Options: 1. Taco Tuesday! 2. Popcorn Chicken w/ Pretzel Rod 3. Italian Salad w/ Pretzel Rod Sides: 1. Refried Beans 2. Celery Sticks 3. Banana 4. Diced Pears	23 Entrée Options: 1. Meatball Sub 2. Cheeseburger 3. Popcorn Chicken Salad w/ Pretzel Rod Sides: 1. Steamed Carrots 2. Fresh Broccoli 3. Diced Peaches 4. Apple Juice	24 Entrée Options: 1. Fried Rice w/ Chicken Egg Roll 2. Chicken Tenders w/ Pretzel Rod 3. All-American Salad w/ Pretzel Rod Sides: 1. Green Beans 2. Red Peppers 3. Applesauce 4. Raisins	25 Entrée Options: 1. Cheese Pizza 2. Pizza Burger 3. Chicken Ranch Salad w/ Pretzel Rod Sides: 1. Steamed Broccoli 2. Baby Carrots 3. Apple 4. Fruit Juice	
28 Entrée Options: 1. Powdered Sugar French Toast Sticks & Sausage Patties 2. Chicken Patty Sandwich 3. Turkey Cheese Salad w/ Pretzel Rod Sides: 1. Tater Tots 2. Grape Tomatoes 3. Orange 4. Mixed Fruit	29 Entrée Options: 1. Chicken Bacon Melt 2. Popcorn Chicken w/ Pretzel Rod 3. Italian Salad w/ Pretzel Rod Sides: 1. Campfire Beans 2. Baby Carrots 3. Banana 4. Diced Pears	30 Entrée Options: 1. Cheese Ravioli w/ Garlic Bun 2. Cheeseburger 3. Popcorn Chicken Salad w/ Pretzel Rod Sides: 1. Sweet Potatoes 2. Side Spinach Salad 3. Diced Peaches 4. Apple Juice	31 Entrée Options: 1. Bacon Cheese Baked Potato w/ Pretzel Rod 2. Chicken Tenders w/ Pretzel Rod 3. All-American Salad w/ Pretzel Rod Sides: 1. Corn 2. Cucumber Slices 3. Applesauce 4. Raisins	1	



Warm Up Wednesday!

Warm up with hot tomato soup and grilled cheese today!

GOOD SHEPHERD LUNCH MENU

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Menus are subject to change without notice.

